



Canadian Interventional Pain Course (CIPC) 2025 May 2-3, 2025

This course is held in parallel with the 2025 Canadian Pain Society (CPS) Annual Scientific Meeting

Day 1 (Didactic Day): Friday May 2, 2025

*Venue: Women's College Hospital- Main auditorium
77 Grenville Street, Toronto ON M5S 1B2*

Registration & Breakfast 0730-0830

Welcome Remarks

Course Directors: *Dr. David Flamer and Dr. Abeer Alomari*

0830 – 0840

Panel 1: All about the Spine – I

Algorithm for Diagnosis and Treatment for Pain in the neck

Dr. Ivan Cohen

0840 – 0900

Thoracic-mediated pain: Approach and interventional considerations

Dr. Harsha Shanthanna

0900 – 0920

Low Back Pain: Correlating imaging findings with causality

Dr. Anuj Bhatia

0920–0940

Fluoroscopic Guided Procedures for Lumbar Spine: TFESI, ILE, MBB

Dr. Ian Beauprie

0940 – 1000

Q & A

1000 – 1015

Coffee and Networking 1015 – 1045



Panel 2: All about the Spine – II

SIJ mediated Pain: Diagnosis and Interventions

Dr. Mohan Radhakrishna

1045-1105

Optimizing Lumbar Radiofrequency Ablation: Anatomical Updates

Dr. Eldon Loh & John Tran

1105-1125

Pro-Con debate for Ultrasound-guidance for Lumbar Spine procedures to relieve pain

Dr. Rod Finlayson

1125-1145

Update: surgical referrals and decision making

Dr. Raj Rampersaud

1145-1205

Q & A

1205-1215

Lunch & Networking Time 1215-1315

Panel 3: All about the Joints

Shoulder interventions: GHJ, ACJ, Hydrodilation for frozen shoulder, SSN block

Dr. Nimish Mittal

1315-1335

Hip interventions: intra-articular, PENG block, GTPS injections, denervation techniques

Dr. Abeer Alomari

1335-1355

Update: Regenerative Medicine

Dr. Steven Helper

1355-1415

Q & A

1415-1430



Coffee and Networking 1430 – 1450

Panel 4: Specialty Topics

Update on headache management: medications and interventions

Dr. Aaron Kirschner

1450-1510

Update: Neuromodulation

Dr. Anuj Bhatia

1510-1530

Running an efficient chronic pain practice

Dr. Arun Gupta

1530-1550

Q & A

1550-1600

Concluding Remarks and feedback

1600-1615



Day 2 (Workshop Day): Saturday May 3, 2025

Venue: Mount Sinai Hospital- Surgical Skills lab 2nd floor
600 University Ave, Toronto, ON M5G 1X5

0700 -0800	Breakfast with Faculty
0745-0800	Introduction and safety review
0800-0900	Rotation One
0900-100	Rotation Two
1000-1015	Coffee Break
1015-1115	Rotation Three
1115-1215	Rotation Four
1215-1315	Lunch
1315-1415	Rotation One
1415-1515	Rotation Two
1515-1530	Break
1530-1630	Rotation Three
1630-1730	Rotation Four
1730	Conclusion and Evaluations

Bundle A: Fluoroscopy Stations

Hands-on anatomy station (mandatory) AND choose 3 of 4

1. Lumbar Procedures - I: transforaminal epidural, interlaminar epidural, caudal
2. Lumbar procedures - II: medial branch block/radiofrequency ablation, lumbar sympathetic plexus injection
3. Sacral procedures: sacroiliac intra articular, sacral lateral branch block, sacral lateral branch RFA
4. Cancer procedures: ganglion impar, superior hypogastric plexus, splanchnic/cealic

Bundle B: Ultrasound Stations

Choose 4 of 5 (one station will be a cadaver, others live models)

1. Peripheral nerve blocks –intercostal nerves, lateral femoral cutaneous nerve, stellate ganglion block, greater and lesser occipital block
2. MSK I: hip, greater trochanteric bursa, PENG block, knee, genicular nerve block
3. MSK II: glenohumeral joint, AC joint, suprascapular, rotator cuff interval, ankle joint
4. Spine: lumbar medial branch/facet joint, sacral lateral branch block, sacroiliac joint (cadaver)
5. Miscellaneous: erector spinae block, pudendal, piriformis, genitofemoral nerve, ilioinguinal/iliohypogastric nerve.

*First come first served basis for station preference for both bundles



REGISTRATION INFORMATION

Course Directors: Dr. David Flamer and Dr. Abeer Alomari

Course Coordinator: Danielle Alvares

Please contact Danielle.Alvares@uhn.ca to register

Practicing physicians –

\$2000 to attend both days, \$800 to attend only day 1 (didactic session on May 2)

Trainees and Allied health –

\$1000 to attend both days, \$400 to attend only day 1 (didactic session on May 2)

Discounted rate if attendee is also registered for the CPS meeting:

Practicing physicians –

\$1500 to attend both days, \$600 to attend only day 1 (didactic session on May 2)

Trainees and Allied health –

\$750 to attend both days, \$300 to attend only day 1 (didactic session on May 2)

Planning Committee

Dr. Harsha Shanthanna, McMaster University

Dr. David Flamer, University of Toronto

Dr. Philip Peng, University of Toronto

Dr. Rod Finlayson, McGill University

Dr. Ian Beauprie, Dalhousie University

Dr. Anuj Bhatia, University of Toronto

Dr. Abeer Alomari, University of Toronto

Faculty:

Dr. Harsha Shanthanna, McMaster University

Dr. David Flamer, University of Toronto

Dr. Rod Finlayson, McGill University

Dr. Ian Beauprie, Dalhousie University

Dr. Anuj Bhatia, University of Toronto

Dr. Paul Tumber, University of Toronto



Dr. Nimish Mittal, University of Toronto
Dr. Aaron Kirschner, University of Toronto
Dr. Arun Gupta, University of Toronto
Dr. Ivan Cohen, Dalhousie University
Dr. Mohan Radhakrishna, McGill University
Dr. Eldon Loh, Western University
Dr. John Tran, Western University
Dr. Steven Helper, University of British Columbia
Dr. James Khan, University of Toronto
Dr. Paul Etheridge, University of British Columbia
Dr. Abeer Alomari, University of Toronto
