Building a Culture to Enhance Feedback

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What is feedback?

Feedback is focused, specific and helpful information, discussed between a learner and a teacher or coach, with the intent to support performance improvement.

Types of feedback

- \bigwedge 1. For reassurance
- 📌 2. For benchmarking
- ✓ 3. For performance improvement

Hurdles to feedback



Feedback is hard to give.

Feedback is hard to take.

What the feedback giver & receiver need

Feedback requires a trusting relationship

> Feedback needs observational data

Sometimes, if a lot of feedback is delivered at once, it can be overwhelming, especially for someone who isn't used to it. Coaching someone who is already excellent may be more challenging than coaching someone who needs more help.

Building a culture for feedback together:



Feedback and 'in the moment' coaching work as integrated processes.



A growth mindset nurtures a feedback and coaching culture.



Relationship building and communication improve feedback and coaching.



Residents and teachers co-learning about feedback and coaching enhances culture.







How to give/receive feedback

Giver Sample Phrases **•** Receiver Sample Phrases **Mechanisms** "Do you want some feedback on X, or "I've been working on X; could I ask you 1. Confirm Feedback after Y on X?" for your tips around this?" Readiness Reassurance: "What I saw that worked Reassurance: "So, how did I do?' 2. Determine the Type of well was ... " **Feedback Required** Benchmarking: "Am I on track for Benchmarking: "Do you want a sense of someone at my level of training?" how you're progressing compared to your Improvement: "I've been working on X. peers?" Any tips on how I can improve?" Improvement: 'Should we focus on what you need to do next to improve?" 3. Feedback Needs Time "Is now a good time to chat? We could also "Will you have time in X, or at Y, to give me talk later, at X time and place." some feedback? If not, when and where and Space works best for you?" 4. Label as Feedback "Let's go over some feedback." "After X, could I get some feedback?" "My observation of the patient's response 5. Stick to the Facts "When I saw/heard X, I noticed this was X, so I did Y." response from the patient/nurse..." "Looking back on X task, skill or 6. Engage in Reflection "What do you perceive or sense you're procedure, my perceptions were Y." struggling with?" "So, what's the plan, or where would you 7. Conversations for "Any tips on how to do X better?" like us to start?" "What do you need from Improvement me in order to improve?" 8. Plan Actionable Next "Let's discuss 2 or 3 specific things that "I'm going to work on X and Y. Can I check could take your performance to the next in with you if I have questions about that Steps level." at Y time. "

Key resources

- Ramani S, Könings KD, Ginsburg S, van der Vleuten, Cees P M. Twelve tips to promote a feedback culture with a growth mind-set: Swinging the feedback pendulum from recipes to relationships. *Medical teacher*. 2018:1-7.
- Stone, D. and S. Heen (2014). Thanks for the Feedback: The science and art of receiving feedback well. NY, NY, Penguin Group.

Sargeant, J., J. Lockyer, K. Mann, E. Holmboe, I. Silver, H. Armson, E. Driessen, T. MacLeod, Y. W. Ross and M. Power (2015). "Facilitated reflective performance feedback: Developing an evidence and theory-based model that builds relationship, explores reactions and content, and coaches for performance change (R2C2)." Academic Medicine 90(12): 1698-1706.

